Spell name

Category: love, mind, money or other

Every spell has its name and its category

> *Here goes a short sentence summing up what the spell is for.*

You'll need

Everything you'll use. «(optional)» is an extra: it works without it.

- Candle (if the spell uses one)
- Herbs or spices
- Dried flowers (optional)
- Crystals (optional)
- Other ingredients
- Something you already have at home
- Paper and pen (if needed)
- A jar, a bowl, a mirror…
- Whatever that spell needs (each one has its own)

How to do it

Here the steps begin, one by one and in order. If you need to write something, I tell you:

> *"Here goes the phrase you have to write or say during the spell."*

Then I explain what to do with each ingredient and in what order: how to prepare it, what to visualise while you do it and how to close it.

If the spell uses a candle, I tell you how to light it and what to do with it until it burns down.

And at the end, what to do once you've finished: where to keep it, whether to carry it with you and when to forget about it.

When to do it: the best day of the week or moon phase for it.

Tips and warnings

Every spell comes with this, just as it is.

- If you ever have to choose between your safety and the ritual, or you have to leave it halfway, put the candles out with a glass or a snuffer (don't blow them out). You can pick it up again at any time. Never leave it unattended.
- Always set the jar on a plate or a surface that can't burn, away from curtains and paper and out of reach of children and pets. If your jar has a cork stopper, keep in mind it can catch fire when the candle reaches the end. The herbs and minerals are for the jar, not for eating or drinking: some, like rue or sulphur, are toxic. Rue can also burn your skin if you touch it and then go out in the sun, so wear gloves or wash your hands well afterwards. And sulphur must never touch the flame: when it burns it gives off a toxic gas.
- If the recipe includes lilies and you're going to use them, don't let your pets near them. If you have cats or dogs, they're especially toxic to them, and above all to cats: just touching the pollen or drinking the vase water is enough to harm them. If you ever have to choose between their health and your spell, always choose their health, and if you use them and your pets are affected, go to the vet immediately. Always look up the herbs and flowers you use; we don't want our furry, feathered or even scaly friends to suffer the consequences!
- And lilies aren't the only ones: eucalyptus, nutmeg, coffee beans, bay leaves, ivy, rue, lavender or chamomile can also make cats and dogs ill if they nibble or eat them. Prepare your spell where they can't reach anything, clean up whatever falls on the table or the floor, and keep the jar tightly closed, away from curious snouts. Let's make sure magic doesn't upset anyone in the family, whether they have fur, feathers or scales!
- Doing it more times won't give you double the results or faster ones. On the contrary, it will make the energy heavier, and your progress too. Once is more than enough.
- Try to do it on a raised surface (a table, a kitchen counter, etc.). It's not just for safety: it also elevates the spell or ritual.
- Space out spells of the same kind by at least 28 days. You can do different kinds for the same person, but if you do a sweetening, try to keep it to just one and wait before doing another.
- Spells rarely work overnight, and if they do, it's because something was already in motion. It's better to detach from the outcome and get on with your life. Have faith in what you did and don't worry if it happens slower or faster; staring at the oven won't make the cake bake any sooner!
- Spells are a tool to make something happen faster or more easily, but that doesn't mean the outcome will be exactly what we expect or want, especially if it depends on someone else. Just as you have the final say in your life, so does that person. Not everyone is willing to cross the threshold; sometimes it takes a little courage, and a combination of spells might help you with what you're looking for.
- The optional ingredients can be found in herbalists, on Amazon or in crystal shops, among many other places, but as the name says, they're optional. Don't despair if you can't get them:

they're just an extra touch that gives your spell the added properties of those herbs and flowers, but it can work without them. Everything else you can find in your kitchen or at the supermarket.



With love, Vir

Magic walks beside you, but it doesn't replace what you do. And always, with respect for free will.

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The goodbye and how to reach me if you have any questions.